

Hymns and Readings for Sunday 2nd March 2025

Sunday of Cheesefare

Forgiveness Sunday

The Expulsion of Adam & Eve from Paradise

Our Father among the Saints Chad, Bishop of Lichfield, Patron and Protector of our Community

THE HOURS

TROPARIA AND KONTAKION AT THE SIXTH HOUR

Troparia: Resurrection; Glory ... Saint Chad; Both now ... From the Horologion

Kontakion: Saint Chad

TROPARIA AND KONTAKION AT THE THIRD HOUR

Troparia: Resurrection; Glory ... Saint Chad; Both now ... From the Horologion

Kontakion: Sunday of Cheesefare

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA & KONTAKIA

Troparion of the Resurrection in Tone 3

[Music on website / Green Book page 6]

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Troparion of Saint Chad in Tone 2

[Music in Folder]

As a Bishop thou gavest thyself

to preaching the truth and the purity of the Church.

Thou didst shine forth as an example of humility and holiness;

studying the Scriptures, thou tookest care to follow the Word.

Pray for thy children, O Holy Father Chad,

that we too may follow Christ,//

and be found worthy to partake of the nature of God.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of Saint Chad in Tone 2

[Music in Folder]

When thou wast praying to Christ, O venerable Chad,

the choir of the angels came to call thee to thy reward.

Then thou wast summoned to share

in the Thrice Holy song with the seraphim.

Pray thou that we may live as icons of the cherubim,//

rejoicing before the Trinity, the Giver of life.

Both now and ever and unto ages of ages. Amen.

Kontakion of Cheesefare Sunday in Tone 6

[Music on website / Green Book page 23]

O Master, Teacher of wisdom,
Bestower of virtue,
Who teaches the thoughtless and protects the poor,
strengthen and enlighten my heart!
O Word of the Father,
let me not restrain my mouth from crying to Thee:
"Have mercy on me, a transgressor, //
O merciful Lord!"

THE TRISAGION

PROKEIMENON

Reader: The Prokeimenon in the Eighth Tone.

Reader: Pray and make your vows before the Lord our God!

Choir: Pray and make your vows before the Lord our God!

Reader: In Judah God is known; His name is great in Israel!

Choir: Pray and make your vows before the Lord our God!

Reader: And in the First Tone.

Reader: My mouth shall speak wisdom, and the meditation of my heart shall be of understanding.

Choir: My mouth shall speak wisdom, and the meditation of my heart shall be of understanding.

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye brethren: Salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armour of light; let us conduct ourselves becomingly as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgement on him who eats; for God has welcomed him. Who are you to pass judgement on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand. [Romans 13:11-14:4]

Ye brethren: It was fitting that we should have such a high priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; he did this once for all when he offered up himself. Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son who has been made perfect for ever. Now the point in what we are saying is this: we have such a high priest, one who is seated at the right hand of the throne of the Majesty in heaven, a minister in the sanctuary and the true tent, which is set up not by man but by the Lord. [Hebrews 7:26-8:2]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And with thy spirit. Alleluia, Alleluia, Alleluia.

Reader: It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High!

Choir: Alleluia, alleluia, alleluia!

Reader: To declare Thy mercy in the morning, and Thy truth by night!

Choir: Alleluia, alleluia, alleluia!

Reader: The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgement.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also." [Matthew 6:14-21]

The Lord said: "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd." [John 10:9-16]

THE ZADOSTOYNIK

[[Music on website / Folder](#)]

"It is truly meet ..." / "Meet it is in truth ..."

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest. The righteous shall be in everlasting remembrance; he shall not fear evil tidings. Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.

AFTER THE SERMON

*Immediately after the sermon, we continue with the abbreviated **Vespers of Forgiveness** (see separate sheet).*