

Hymns and Readings for Sunday 21st July 2024

Fourth Sunday after Pentecost

The Glorious Prophet Ezekiel ♦ The Venerable Fool-for-Christ, Simeon of Emessa, and his fellow ascetic, the Venerable John

THE HOURS

TROPARIA AND KONTAKION AT THE THIRD HOUR

Troparia: Resurrection; Glory ... The Prophet Ezekiel; Both now ... From the Horologion

Kontakion: Resurrection

TROPARIA AND KONTAKION AT THE SIXTH HOUR

Troparia: Resurrection; Glory ... Saints Simeon and John; Both now ... From the Horologion

Kontakion: Resurrection

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 3

[Music on website / Green Book page 6]

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Troparion of Saint Chad in Tone 2

[Folder]

As a Bishop thou gavest thyself

to preaching the truth and the purity of the Church.

Thou didst shine forth as an example of humility and holiness;

studying the Scriptures, thou tookest care to follow the Word.

Pray for thy children, O Holy Father Chad,

that we too may follow Christ, //

and be found worthy to partake of the nature of God.

Troparion of Saints Simeon and John in Tone 4

[Music on website / Sheet]

O God of our Fathers,

always act with kindness towards us;

take not Thy mercy from us,

but guide our lives in peace//

through the prayers of Venerable Simeon and John!

Troparion of the Prophet Ezekiel in Tone 2

[Music on website / Sheet]

We celebrate the memory

of Thy prophet Ezekiel, O Lord;

through him we beseech Thee://

“Save our souls!”

Kontakion of the Resurrection in Tone 3[\[Music on website / Green Book page 6\]](#)

On this day Thou didst rise from the tomb,
O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs they unceasingly praise//
the divine majesty of Thy power.

Kontakion of Saint Chad in Tone 2[\[Folder\]](#)

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.
Then thou wast summoned to share
in the Thrice Holy song with the seraphim.
Pray thou that we may live
as icons of the cherubim//
rejoicing before the Trinity, the Giver of life.

Kontakion of Saints Simeon and John in Tone 2[\[Music on website / Sheet\]](#)

Let us praise the venerable Simeon
as an equal to the angels,
for he walked in the flesh upon the earth as a bodiless angel
shining forth to all as an example of the virtues;
and with him let us honour his companion,
the ever memorable and God-bearing Father John,//
for they ceaselessly pray to the Lord for us with faith and love!

Glory be to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Prophet Ezekiel in Tone 4[\[Music on website / Sheet\]](#)

Thou hast been revealed as a Prophet of God, wondrous Ezekiel,
proclaiming to all the incarnation of the Lord, the Lamb and Creator,//
the Son of God, Who has ever revealed Himself.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6[\[Music on website / Folder\]](#)

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos,//
for thou dost ever protect those who honour thee.

THE TRISAGION

PROKEIMENON

Reader: The Prokeimenon in the Third Tone.

Reader: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Choir: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Reader: Clap your hands, all peoples! Shout to God with loud songs of joy!

Choir: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

Reader: Sing praises to our God, sing praises!

Choir: Sing praises to our King, sing praises!

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye Brethren: Having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

[Romans 6:18-23]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Choir: Alleluia, alleluia, alleluia!

Reader: In thee, O Lord, have I hoped; let me never be put to shame!

Choir: Alleluia, alleluia, alleluia!

Reader: Be a God of protection for me, a house of refuge in order to save me!

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time: As Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marvelled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

[Matthew 8:5-13]

THE ZADOSTOYNIK

[[Music on website / Folder](#)]

"It is truly meet ..." / "Meet it is in truth ..."

COMMUNION HYMN

Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.