

Vespers sung on Saturday 22nd July 2023 (for Sunday 23rd July)
Seventh Sunday after Pentecost
The Holy Hieromartyr Trophimus and his Companions, Martyrs

“LORD, I CALL ...”

Tone 6

Lord, I call upon Thee, hear me!
Hear me, O Lord!
Lord, I call upon Thee, hear me!
Receive the voice of my prayer,
when I call upon Thee!//
Hear me, O Lord!

Let my prayer arise
in Thy sight as incense,
and let the lifting up of my hands
be an evening sacrifice!//
Hear me, O Lord!

Bring my soul out of prison, that I may give thanks to Thy Name.

Tone 6 (For the Resurrection)

Possessing victory over hell, O Christ,
since Thou art free among the dead,
Thou didst ascend the Cross
raising with Thyself those who sat in the shades of death.//
Drawing life from Thy light, O almighty Saviour, have mercy on us!

The righteous will surround me, for Thou wilt deal bountifully with me.

Today Christ tramples on death,
for He is risen as He said!
Let us all sing this song,
for He has granted joy to the world:
O Light unapproachable, O Fountain of life!//
O Saviour almighty, have mercy on us!

Out of the depths I cry to Thee, O Lord. Lord, hear my voice!

Where shall we sinners flee from Thee, Who art in all creation?
In heaven Thou dwellest!
In hell Thou didst trample on death!
In the depths of the sea?
Even there is Thy hand, O Master!
To Thee we flee, and falling before Thee, we pray://
O Thou Who didst rise from the dead, have mercy on us!

Let Thine ears be attentive to the voice of my supplications!

In Thy Cross, we glory, O Christ.
We sing and glorify Thy Resurrection.
For Thou art our God,//
and we know no other than Thee.

If Thou, O Lord, shouldst mark iniquities, Lord, who could stand? But there is forgiveness with Thee.

We will always bless the Lord
by singing of His Resurrection!
For He endured the Cross, //
trampling down death by death.

For Thy Name's sake I wait for Thee, O Lord. My soul has waited for Thy word; my soul has hoped on the Lord.

Glory to Thy might, O Lord,
for Thou didst overthrow the prince of death,
by Thy Cross renewing us, //
granting us life and incorruption.

From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Thy burial destroyed the bonds of hell, O Lord.
Thy Resurrection from the dead enlightened the world. //
O Lord, glory to Thee!

For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 1 *(For the Martyrs)*

Thou wast undaunted as thou didst enter the judgment hall, O Martyr.
Thou endured sufferings and torture.
As thou wast wounded, thou didst wound the contending enemy,
seizing victory over him, O Trophimus! //
Therefore pray that our souls may be granted peace and great mercy.

Praise the Lord, all nations! Praise Him, all peoples!

With thine own self thou didst lead a choir of martyrs.
Thou didst suffer and rejoice with them, O wise one!
Thou hast fittingly received heavenly blessings.
With them, remember us who praise thee in faith, //
entreating Christ that He may grant our souls peace and great mercy.

For His mercy is confirmed on us, and the truth of the Lord endures forever.

Come, O faithful,
let us praise the martyrs Trophimus and Theophilus,
and with them, thirteen companions!
They quenched the fire of delusion with their precious blood.
Now they live in the Kingdom on high, //
ever asking that our souls be granted peace and great mercy.

*Glory to the Father, and to the Son, and to the Holy Spirit;
both now and ever, and unto ages of ages. Amen.*

Tone 6 *(Theotokion – Dogmatikon)*

Who will not bless thee, O most holy Virgin?
Who will not sing of thy most pure childbearing?
The only-begotten Son shone timelessly from the Father,
but from thee He was ineffably incarnate.
God by nature, yet Man for our sake,
not two persons, but one known in two natures.
Entreat Him, O pure and all-blessed Lady, //
to have mercy on our souls!

APOSTICHA

Tone 6 *(For the Resurrection)*

Thy Resurrection, O Christ our Saviour,
the Angels in heaven sing!
Enable us on earth//
to glorify Thee in purity of heart!

V. The Lord is King; He is robed in majesty!

Destroying the gates of hell,
breaking the chains of death,
Thou didst resurrect the fallen human race as almighty God!//
O Lord Who didst rise from the dead, glory to thee!

V. For He has established the world, so that it shall never be moved.

Desiring to return us to Paradise,
Christ was nailed to the Cross and placed in a tomb.
The Myrrh bearing Women sought Him with tears, crying,
"Woe to us, O Saviour!
How didst Thou deign to descend to death?
What place can hold Thy life bearing body?
Come to us as Thou didst promise!
Take away our wailing and tears!"
Then the Angel appeared to them:
"Stop your lamentations!
Go, proclaim to the Apostles:
"The Lord is risen,//
granting us purification and great mercy!"

V. Holiness befits Thy house, O Lord, forevermore!

Having been crucified as Thou didst will,
by Thy burial Thou didst capture death, O Christ,
rising on the third day as God in glory,//
granting the world unending life and great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Tone 6 *(Theotokion)*

My Maker and Redeemer, Christ the Lord,
was born of thee, O most pure Virgin.
By accepting my nature, He freed Adam from his ancient curse.
Unceasingly we magnify thee as the Mother of God!
Rejoice, O celestial Joy!
Rejoice, O Lady://
the Protection, Intercession and Salvation of our souls!

TROPARIA

Troparion of the Resurrection in Tone 6

[Music on website / Green Book page 12]

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell
not being tempted by it.
Thou didst come to the Virgin, granting life.//
O Lord, Who didst rise from the dead, glory to Thee.

Glory to the Father, and to the Son, and to the Holy Spirit,

Troparion of the Martyrs in Tone 4

[[Music on website / Sheet](#)]

In their sufferings, O Lord,
Thy martyrs received imperishable crowns from Thee, our God;
For, possessed of Thy might,
they set at nought the tormenters, and crushed the feeble audacity of the demons.//
Through their supplications, save Thou our souls.

Both now and ever, and unto ages of ages. Amen.

Resurrectional Dismissal Theotokion in Tone 4

The mystery hidden from before the ages
and unknown even to the angels,
through thee, O Theotokos,
hath been revealed to those on earth:
God incarnate in unconfused union,
Who willingly accepted the Cross for our sake,
and thereby raising up the first-formed man,//
hath saved our souls from death.