

Hymns and Readings for Sunday 16th July 2023

Sixth Sunday after Pentecost ♦ The Holy Fathers of the Fourth Ecumenical Council

AT THE HOURS

TROPARIA AND KONTAKION AT BOTH HOURS

Troparia: Resurrection; Glory ... Holy Fathers; Both now ... From the Horologion

Kontakion: Holy Fathers

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 5

[Music on website / Green Book page 10]

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Troparion of the Holy Fathers in Tone 8

[Music on website / Green Book page 106]

Most glorious art Thou, O Christ our God,
Thou hast established the Holy Fathers as lights on the earth.
Through them Thou hast guided us to the True Faith.//
O greatly compassionate One, glory to Thee!

Kontakion of the Resurrection in Tone 5

[Music on website / Green Book page 10]

Thou didst descend into hell, O my Saviour,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of man,//
and we all cry to Thee: O Lord, save us!

Glory be to the Father, and to the Son, and to the Holy Spirit,

Kontakion of the Holy Fathers in Tone 8

[Music on website / Green Book page 106]

The Apostles' preaching and the Fathers' doctrines have established one Faith for the Church.
Adorned with the robe of truth, woven from heavenly theology,//
It defines and glorifies the great mystery of Orthodoxy.

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6

[Music on website / Folder]

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos,
for thou dost ever protect those who honour thee.

THE TRISAGION

PROKEIMENON

Reader: The Prokeimenon in the Fifth Tone.

Reader: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Choir: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Reader: Save me, O Lord, for there is no longer any that is godly!

Choir: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Reader: And in the Fourth Tone.

Reader: Blessed art Thou, O Lord God of our fathers, and praised and glorified is Thy Name forever!

Choir: Blessed art Thou, O Lord God of our fathers, and praised and glorified is Thy Name forever!

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye Brethren: Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honour. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practise hospitality. Bless those who persecute you; bless and do not curse them. [Romans 12:6-14]

Titus, my son: The saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen. [Titus 3:8-15]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Reader: I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Choir: Alleluia, alleluia, alleluia!

Reader: For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens.

Choir: Alleluia, alleluia, alleluia!

Reader: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time: Jesus, getting into a boat, crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" – he then said to the paralytic – "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men. [Matthew 9:1-8]

The Lord said to his disciples: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfil them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [Matthew 5:14-19]

THE ZADOSTOYNIK

"It is truly meet ..." / "Meet it is in truth ..."

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! Rejoice in the Lord, O ye righteous; praise befits the upright! Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.
