

Hymns and Readings for Sunday 29th March 2026

Fifth Sunday of Great Lent

Our Holy Mother, Saint Mary of Egypt

THE HOURS

TROPARIA AND KONTAKION AT THE THIRD & SIXTH HOURS

Troparia: Resurrection; Glory ... Saint Mary of Egypt; Both now ... From the Horologion

Kontakion: Resurrection

THE DIVINE LITURGY OF SAINT BASIL

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA & KONTAKIA

Troparion of the Resurrection in Tone 1

[Music on website / Green Book page 2]

When the stone had been sealed by the Jews,
while the soldiers were guarding Thy most pure body,
Thou didst rise on the third day, O Saviour,
granting life to the world.

The powers of heaven therefore cried to Thee, O Giver of Life:

“Glory to Thy Resurrection, O Christ!

Glory to Thy Kingdom!//

Glory to Thy dispensation, O Thou who lovest mankind!”

Troparion of Saint Chad in Tone 2

[Music in Folder]

As a Bishop thou gavest thyself

to preaching the truth and the purity of the Church.

Thou didst shine forth as an example of humility and holiness;
studying the Scriptures, thou tookest care to follow the Word.

Pray for thy children, O Holy Father Chad,

that we too may follow Christ,//

and be found worthy to partake of the nature of God.

Troparion of Saint Mary of Egypt in Tone 8

[Music on website / Sheet]

The image of God was truly preserved in thee, O Mother,

for thou didst take up the Cross and follow Christ.

By so doing, thou hast taught us to disregard the flesh for it passes away;

but to care instead for the soul, since it is immortal.//

Therefore thy spirit, O holy Mother Mary, rejoices with the angels.

Kontakion of the Resurrection in Tone 1

[Music on website / Green Book page 3]

As God, Thou didst rise from the tomb in glory,

raising the world with Thyself.

Human nature praises Thee as God, for death has vanished.

Adam exults, O Master!

Eve rejoices, for she is freed from bondage and cries to Thee://

“Thou art the Giver of Resurrection to all, O Christ!”

Kontakion of Saint Chad in Tone 2**[Music in Folder]**

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.
Then thou wast summoned to share
in the Thrice Holy song with the seraphim.
Pray thou that we may live
as icons of the cherubim//
rejoicing before the Trinity, the Giver of life.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of Saint Mary of Egypt in Tone 3**[Music on website / Sheet]**

Having been a sinful woman,
thou hast become through repentance a Bride of Christ.
Having attained angelic life,
thou didst defeat demons with the weapon of the Cross.//
Therefore, most glorious Mary, thou art a Bride of the Kingdom.

Both now and ever and unto the ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6**[Music on website / Folder]**

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos,//
for thou dost ever protect those who honour thee.

PROKEIMENA

Reader: The Prokeimenon in the First Tone.

Reader: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!

Reader: Rejoice in the Lord, O ye righteous! Praise befits the upright!

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!

Reader: [And] in the Fourth Tone.

Reader: God is wonderful in his saints, the God of Israel.

Choir: God is wonderful in his saints, the God of Israel.

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Ye Brethren: When Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God. [Hebrews 9:11-14]

Ye Brethren: Before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. [Galatians 3:23-29]

ALLELUIA

Priest: Peace be to thee that rearest, and to all the people.

Reader: And to thy spirit. Alleluia, Alleluia, Alleluia.

Reader: God gives vengeance unto me, and subdues people under me.

Choir: Alleluia, alleluia, alleluia!

Reader: He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever.

Choir: Alleluia, alleluia, alleluia!

Reader: I waited patiently for the Lord; He attended to me and heard my supplication.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

The Reading from the Holy Gospel according to Mark.

At that time: Jesus took his twelve Disciples, and began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many." [Mark 10:32-45]

At that time: One of the Pharisees asked Jesus to eat with him, and he went into the Pharisee's house, and took his place at table. And behold, a woman of the city, who was a sinner, when she learned that he was at table in the Pharisee's house, brought an alabaster flask of ointment, and standing behind him at his feet, weeping, she began to wet his feet with her tears, and wiped them with the hair of her head, and kissed his feet, and anointed them with the ointment. Now when the Pharisee who had invited him saw it, he said to himself, "If this man were a prophet, he would have known who and what sort of woman this is who is touching him, for she is a sinner." And Jesus answering said to him, "Simon, I have something to say to you." And he answered, "What is it, Teacher?" "A certain creditor had two debtors; one owed five hundred denarii, and the other fifty. When they could not pay, he forgave them both. Now which of them will love him more?" Simon answered, "The one, I suppose, to whom he forgave more." And he said to him, "You have judged rightly." Then turning toward the woman he said to Simon, "Do you see this woman? I entered your house, you gave me no water for my feet, but she has wet my feet with her tears and wiped them with her hair. You gave me no kiss, but from the time I came in she has not ceased to kiss my feet. You did not anoint my head with oil, but she has anointed my feet with ointment. Therefore I tell you, her sins, which are many, are forgiven, for she loved much; but he who is forgiven little, loves little." And he said to her, "Your sins are forgiven." Then those who were at table with him began to say among themselves, "Who is this, who even forgives sins?" And he said to the woman, "Your faith has saved you; go in peace." [Luke 7:36-50]

ZADOSTOYNIK

All of creation rejoices in thee, [\[Music on website / Green Book page 119 / Sheet / Folder\]](#)
O Full of Grace,
the assembly of angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child:
our God before the ages.
He made thy body into a throne,
and thy womb He made more spacious than the heavens.
All of creation rejoices in thee://
O Full of Grace, glory to thee!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest. The righteous shall be in everlasting remembrance; he shall not fear evil tidings. Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

“We have seen the True Light ...” etc., as usual.
