

Sunday 04 January 2026
30th Sunday after Pentecost; Sunday Before the Theophany;
Forefeast of the Theophany
Synaxis of the Seventy Apostles
Tone 5

At the hours

Third hour:

Troparia: Resurrection; Glory: Forefeast of Theophany; Both now: Horologion
Kontakion: Forefeast

Sixth hour

Troparia: Resurrection; Glory: Forefeast of Theophany; Both now: Horologion
Kontakion: Resurrection

The Divine Liturgy

Typical psalms and Beatitudes

Eisodikon:

O come, let us worship and fall down before Christ. O Son of God, who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

Troparia & Kontakia

Resurrection Troparion Tone 5:

Green Book page10

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Forefeast Troparion Tone 4:

Sheet

Make ready, O Zebulon,
and prepare thyself, O Naphtali.
O River Jordan, stand and leap for joy
at receiving the Lord Who cometh to be baptised.
Rejoice, O Adam, with our first mother,
hide not yourselves as in Paradise of old.
For seeing us naked, He hath appeared,
That He may clothe us with our first garment.//
Christ hath appeared wishing to renew the whole of creation.

Troparion of the Seventy Tone 3

Sheet

O holy apostles of the seventy
Intercede with the merciful God,
That He may grant remission of offences to our souls.

Resurrection Kontakion Tone 5

Green book

Thou didst descend into hell, O my Saviour,
 shattering its gates as Almighty,
 resurrecting the dead as Creator,
 and destroying the sting of death.
 Thou hast delivered Adam from the curse, O Lover of man,
 and we cry to Thee: "O Lord, save us!"

Glory be to the Father and to the Son and to the Holy Spirit:**Kontakion of the Seventy Tone 2:**

Sheet

In hymns, o ye faithful, let us divinely praise
 The choir of the seventy disciples of Christ;
 For through them have we all learned to worship the indivisible Trinity.
 And they remain beacons of the divine Faith.

Both now and ever and unto the ages of ages. Amen**Forefeast Kontakion Tone 4:**

Sheet

In the running waters of Jordan today
 The Lord cried to John:
 Be not afraid to baptise Me,
 For I have come to save Adam, the first fashioned man.

Trisagion as normal**Prokeimenon Tone 6:**

O Lord, save Thy people, / and bless Thine inheritance!
Vs.: To Thee, O Lord, will I call. O my God, be not silent to me!

Apostle:

The reading from the Epistle of the Holy Apostle Paul to St Timothy:

⁵ My child Timothy, always be steady, endure suffering, do the work of an evangelist, fulfil your ministry.

⁶ For I am already on the point of being sacrificed; the time of my departure has come.

⁷ I have fought the good fight, I have finished the race, I have kept the faith.

⁸ Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved his appearing. 2 Timothy 4:5-8

Alleluia:

Alleluia, Alleluia, Alleluia.

Vs. O God, be bountiful to us and bless us, show the light of Thy countenance upon us, and have mercy on us.

Vs. That we may know Thy way upon the earth, and Thy salvation among all the nations.

The Holy Gospel:

The beginning of the gospel of Jesus Christ, the Son of God.

² As it is written in Isaiah the prophet, "Behold, I send my messenger before thy face, who shall prepare thy way;

³ the voice of one crying in the wilderness:

Prepare the way of the Lord,
 make his paths straight—"

⁴ John the baptiser appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. ⁵ And there went out to him all the country of Judea, and all the people of Jerusalem; and they were baptized by him in the river Jordan, confessing their sins. ⁶ Now John was clothed with camel's hair, and had a leather girdle around his waist, and ate locusts and wild honey. ⁷ And he preached, saying, "After me comes he who is mightier than I, the thong of whose sandals I am not worthy to stoop down and untie. ⁸ I have baptized you with water; but he will baptize you with the Holy Spirit."

The Megalinarion:
Steadfast protector of Christians...

Liturgy folder

Eisodikon:

Praise the Lord from the heavens, praise Him in the highest.
Alleluia, Alleluia, Alleluia.

After Communion

"We have seen the True Light." etc, as usual.