

The Order for Typika (Обедница)

Sections marked ✕ will change from day to day. A separate sheet containing these sections will be provided on the website at www.orthodoxcommunityrugby.com/services/

Parts of the service which are read or sung by a Priest or Deacon are shown in red. These are omitted if the service is used without a Priest.

If the service is being sung without a Priest, follow the marked sections shown in blue.

Priest: Blessed is our God, always, now and ever, and unto the ages of ages. Amen.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.

THE LITANY OF PEACE

In place of the **LITANY OF PEACE**, the Choir sings:
Lord, have mercy. (x 12)

FIRST ANTIPHON

Psalm 102

Choir: Bless the Lord, O my soul:/ Blessed art Thou, O Lord.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.
Bless the Lord, O my soul:/ and forget not all His benefits:
Who forgiveth all thine iniquities,/ Who healeth all thy diseases.
The Lord is merciful and gracious,/ slow to anger and plenteous in mercy.
Bless the Lord, O my soul:/ and all that is within me, bless His holy Name.//
Blessed art Thou, O Lord.

THE LITTLE LITANY

In place of the **LITTLE LITANY**, the choir sings:
Lord, have mercy. Lord, have mercy. Lord, have mercy.

SECOND ANTIPHON

Psalm 145

Choir: Glory be to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul./ While I live will I praise the Lord;/ I will sing praises unto my God while I have any being.

Put not your trust in princes, nor in any sons of men/ in whom there is no help.

His breath goeth forth, he returneth to his earth:/ in that very day his thoughts perish.

The Lord shall reign forever:// even thy God, O Zion, unto all generations.

Both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

THE LITTLE LITANY

In place of the **LITTLE LITANY**, the choir sings:
Lord, have mercy. Lord, have mercy. Lord, have mercy.

THIRD ANTIPHON

The Beatitudes

Choir: In Thy Kingdom remember us, O Lord,/ when Thou comest in Thy Kingdom.

Blessed are the poor in spirit:/ for theirs is the Kingdom of Heaven.

Blessed are they that mourn:/ for they shall be comforted.

Blessed are the meek:/ for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness:/ for they shall be filled.

Blessed are the merciful:/ for they shall obtain mercy.

Blessed are the pure in heart:/ for they shall see God.

Blessed are the peacemakers:/ for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake:/ for theirs is the Kingdom of Heaven.

Blessed are ye when men shall revile you and persecute you,/ and shall say all manner of evil against you falsely, for my sake.

Rejoice and be exceeding glad://
for great is your reward in Heaven.

ENTRANCE HYMN

Priest: Wisdom! Stand upright!

Choir: O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead*, save us who sing to Thee: Alleluia, alleluia, alleluia!

*[On Weekdays, we sing: Who art wonderful in the Saints ...]

☒ TROPARIA & KONTAKIA

The Kontakia are sometimes sung after the Lord's Prayer.

THE TRISAGION

Priest: For holy art Thou, O our God, and unto Thee we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

All: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (x 3)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Priest: Dynamis!

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

☒ PROKEIMENON

Priest: Peace be to all!

All: And to thy spirit.

Priest: Wisdom!

The Reader announces the Prokeimenon. All join in the response.

☒ THE EPISTLE

After the Epistle reading:

Priest: Peace be to the that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

☒ ALLELUIA

All: Alleluia, alleluia, alleluia!

The Reader intones the first Alleluia verse. All respond:

All: Alleluia, alleluia, alleluia!

The Reader intones the second Alleluia verse. All respond:

All: Alleluia, alleluia, alleluia!

☒ THE GOSPEL

All stand for the reading of the Gospel.

Priest: Wisdom! Stand upright! Let us hear the Holy Gospel. Peace be to all!

Choir: And to thy spirit.

Reader: The Reading from the Holy Gospel according to *N.*

All: Glory be to Thee, O Lord, glory be to Thee.

After the Gospel:

All: Glory be to Thee, O Lord, glory be to Thee.

THE AUGMENTED LITANY

In place of the AUGMENTED LITANY, the Choir sings:

Lord, have mercy. (x 12)

PRAYER TO THE LORD OF HOSTS

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom. *(All make a deep reverence)*

Remember us, O Master, when Thou comest into Thy Kingdom. *(Reverence)*

Remember us, O Holy One, when Thou comest into Thy Kingdom. *(Reverence)*

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God of Hosts; heaven and earth are full of Thy glory.

Both now and ever and unto ages of ages. Amen.

THE CREED (SYMBOL OF FAITH)

I believe in one God, the Father Almighty,/ Maker of heaven and earth,
and of all things visible and invisible./
And in one Lord, Jesus Christ, the only-begotten Son of God,/ begotten of
the Father before all worlds,/ Light of Light, very God of very God,/ begotten,
not made; of one substance with the Father, by Whom all
things were made./
Who for us men and for our salvation came down from heaven,/ and
was incarnate of the Holy Ghost and the Virgin Mary, and was made
man./ And was crucified also for us under Pontius Pilate, He suffered
and was buried./ And the third day He rose again, according to the
Scriptures;/ and ascended into heaven, and sitteth at the right hand of
the Father./ And He shall come again with glory to judge the quick and
the dead, Whose kingdom shall have no end./
And in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from
the Father;/
Who with the Father and the Son together is worshipped and glorified,
Who spake by the Prophets./
In One Holy Catholic and Apostolic Church./
I acknowledge one Baptism for the remission of sins./
And I look for the Resurrection of the dead,/ and the life of the world to
come./ Amen.

PRAYER OF FORGIVENESS

Reader: O God, remit, pardon and forgive our sins, whether voluntary
or involuntary, whether by words or deeds, whether in knowledge or
ignorance, whether by day or night, whether in mind or thought; forgive
us all these, for Thou art good and lovest mankind.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be Thy name, Thy Kingdom come.
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the power, and the glory of the
Father, and of the Son, and of the Holy Spirit, now and ever and unto
ages of ages. Amen.

Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our
God, have mercy upon us, and save us. Amen.

✖ KONTAKIA

If they have not been sung after the Troparia, the Kontakia are sung.

Reader: Lord, have mercy. (x 12)

Reader: All-holy Trinity, Mighty one in essence, Kingdom undivided,
origin of all good things, be graciously inclined also to me, a sinner.
Establish me; give understanding to my heart, and purge away all my
vileness. Enlighten my mind, that I may glorify, sing praises, and adore
Thee, and say:

Choir: One is Holy,/ One is Lord,/ Jesus Christ,/ to the glory of God the
Father. Amen.

Choir: Blessed be the Name of the Lord, from this time forth and for
evermore. (x 3)

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both
now and ever and unto ages of ages. Amen.

PSALM 33

Reader: I will bless the Lord at all times; his praise shall continually be
in my mouth. My soul makes its boast in the Lord; let the afflicted hear
and be glad. O magnify the Lord with me, and let us exalt His name
together. I sought the Lord, and he answered me, and delivered me from
all my fears. Look to Him, and be radiant; so your faces shall never be
ashamed. This poor man cried, and the Lord heard him, and saved him
out of all his troubles. The angel of the Lord encamps around those who
fear Him, and delivers them. O taste and see that the Lord is good! Happy
is the man who takes refuge in Him! O fear the Lord, you His saints, for
those who fear Him have no want. The young lions suffer want and
hunger; but those who seek the Lord lack no good thing. Come, O sons,
listen to me, I will teach you the fear of the Lord. What man is there who

desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

⌘ THE ZADOSTOYNIK

THE DISMISSAL

Priest: Glory to Thee, O Christ our God and our Hope, glory to Thee!

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Father, give the blessing.

The Priest gives the blessing.

Bless, O Lord.

Reader: Lord Jesus Christ, through the intercessions of Thine all-immaculate and all-blameless Holy Mother; of our Father among the Saints, Chad, Bishop of Lichfield, Patron and Protector of our Community; of the Holy and Righteous Ancestors of God, Joachim and Anna; *[of the Saint whose Feast day is being celebrated]* and of all the saints, have mercy upon us and save us. Amen.

Priest/Reader: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us, and save us. Amen.