

Hymns and Readings for Sunday 11th May 2025

Fourth Sunday of Pascha • Sunday of the Paralytic

THE HOURS

At the beginning:

Priest: Blessed is our God ...

Reader: Amen.

Reader: Christ is risen from the dead,)
trampling down death by death,) *Intoned three times*
and upon those in the tombs bestowing life!)

The Reader continues the Trisagion Prayers: "Glory to the Father ..." "All Holy Trinity ..." etc.

TROPARIA AND KONTAKION AT THE THIRD & SIXTH HOURS

Troparia: Glory ... The Resurrection; Both now ... From the Horologion

Kontakion: The Paralytic

THE DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM

At the beginning:

Priest: Blessed is the Kingdom ...

Choir: Amen.

Priest: Christ is risen from the dead ... *(3½ times: English, Greek, Church Slavonic, Romanian)*

Choir: ... Și celor din morminte viața dăruindu-le!

The Liturgy continues as usual from the Great Litany.

FIRST ANTIPHON

[Music on website / Green Book page 66]

Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Through the prayers of the Theotokos, O Saviour, save us!

Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee!

Through the prayers of the Theotokos, O Saviour, save us!

Let all the earth worship Thee and praise Thee! Let it praise Thy Name, O Most High!

Through the prayers of the Theotokos, O Saviour, save us!

Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

Through the prayers of the Theotokos, O Saviour, save us!

SECOND ANTIPHON

[Music on website / Green Book page 67]

God be bountiful and bless us! Show the light of Thy countenance upon us and have mercy on us!

O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia!

That we may know Thy way upon the earth, and Thy salvation among all nations.

O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia!

Let the people give thanks to Thee, O God! Let all the people give thanks to Thee!

O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia!

Glory be to the Father, and to the Son, and to the Holy Spirit;

both now and ever and unto the ages of ages. Amen.

O only-begotten Son and Word of God. O Thou Who art Immortal, yet for our salvation didst deign to be incarnate of the holy Mother of God and Ever-Virgin Mary; and without change wast made man; Who also wast crucified for us; and by death didst overcome death: save us, O Christ, our God; one Person of the Holy Trinity, glorified together with the Father and the Holy Spirit.

THIRD ANTIPHON

Reader: Let God arise, let His enemies be scattered; let those who hate Him flee from before His face!

All: Christ is risen from the dead ... [\[Music on website / Green Book page 71\]](#)

Reader: As smoke vanishes so let them vanish; as wax melts before the fire!

All: Χριστὸς ἀνέστη ἐκ νεκρῶν ...

Reader: So the sinners will perish before the face of God; but let the righteous be glad!

All: Χριστὸς воскресε из мертвых ...

Reader: This is the day which the Lord hath made; let us rejoice and be glad in it!

All: Hristos a înviat din morți ...

ENTRANCE HYMN

In the Churches bless God the Lord, from the springs of Israel. O Son of God, Who arose from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA AND KONTAKIA

Troparion of the Resurrection in Tone 3

[\[Music on website / Green Book page 6\]](#)

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Paralytic in Tone 3

[\[Music on website / Green Book page 91\]](#)

By Thy divine intercession, O Lord,

as Thou didst raise up the Paralytic of old,

so raise up my soul, paralyzed by sins and thoughtless acts;

so that being saved I may sing to Thee://

“Glory to Thy majesty, O bountiful Christ!”

Both now and ever and unto the ages of ages. Amen.

Kontakion of Pascha in Tone 8

[\[Music on website / Green Book page 75\]](#)

Thou didst descend into the tomb, O Immortal,

Thou didst destroy the power of death.

In victory didst Thou arise, O Christ God,

proclaiming “Rejoice!” to the myrrh-bearing women;

granting peace to Thine apostles, //

and bestowing resurrection on the fallen.

PROKEIMENON

Reader: The Prokeimenon in the First Tone.

Reader: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Reader: Rejoice in the Lord, O you righteous! Praise befits the just!

Choir: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

Reader: Let Thy mercy, O Lord, be upon us

Choir: as we have set our hope on Thee.

EPISTLE

The Reading from the Acts of the Holy, Glorious, and All-laudable Apostles.

In those days: As Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord. [Acts 9:32-42]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Choir: Alleluia, alleluia, alleluia!

Reader: I will sing of Thy mercies, O Lord forever; with my mouth I will proclaim Thy truth from generation to generation.

Choir: Alleluia, alleluia, alleluia!

Reader: For Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

Choir: Alleluia, alleluia, alleluia!

THE GOSPEL

The Reading from the Holy Gospel according to John.

At that time: Jesus went up to Jerusalem. Now in Jerusalem, by the Sheep Gate, there is a pool with five porches, called in Hebrew "Bethesda". Under these lay a great multitude of people who were sick, blind, lame, or paralyzed, waiting for the moving of the water. For an angel went down at certain times into the pool, and stirred up the water. Then whoever stepped in first after the stirring of the water was made whole of whatever disease he had. A certain man was there, who had his illness for thirty-eight years. When Jesus saw him lying there and perceived that the man had been sick for a long time, he asked him, "Do you want to be made well?" The sick man replied, "Sir, I have no one to put me into the pool when the water is stirred up, but while I am coming, someone else steps down before me!" Jesus said to him, "Arise, take up your bed, and walk!" Immediately, the man was made well; he took up his bed and began to walk. Now it was the Sabbath on that day. And so, the Jews said to the man who had been cured, "It is the Sabbath! It is not lawful for you to carry the bed!" The man answered them, "He who made me well, that one said to me, 'Take up your bed, and walk.'" Then they asked him, "Who is the man who said to you, 'Take up your bed, and walk?'" But the man who had been healed did not know who it was, for Jesus had withdrawn in the crowd that was there. Later, Jesus found him in the temple, and said to him, "Behold, you have become well. Sin no more, that nothing worse may happen to you!" The man went away and told the Jews that it was Jesus who had made him well. [John 5:1-15]

THE ZADOSTOYNIK

[Music on website / Green Book page 78 or 79 / Sheet]

The Angel cried to the Lady, full of grace:

"Rejoice, O pure Virgin!

Again, I say: Rejoice,

thy Son is risen from His three days in the tomb!

With Himself He has raised all the dead."

Rejoice, O ye people!

Shine, shine, O new Jerusalem!

The glory of the Lord has shone on thee.

Exult now, and be glad, O Zion!

Be radiant, O pure Theotokos, in the Resurrection of thy Son!

COMMUNION HYMNS

Receive the Body of Christ; taste the fountain of immortality! Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

Priest: "O God, save thy people ..."

Choir: "Christ is risen ..." (*Once, instead of "We have seen the True Light ..."*)

Priest: "Always, now and ever ..."

Choir: "Let our mouths be filled ..."
