

Hymns and Readings for Sunday 4th August 2024

Sixth Sunday after Pentecost

The Seven Holy Youths (“Seven Sleepers”) of Ephesus

AT THE HOURS

TROPARIA AND KONTAKION AT THE THIRD AND SIXTH HOURS

Troparia: Resurrection; Glory ... Seven Holy Youths; Both now ... From the Horologion

Kontakion: Resurrection

THE DIVINE LITURGY

TYPICAL PSALMS AND BEATITUDES

ENTRANCE HYMN

O come, let us worship and fall down before Christ. O Son of God, Who art risen from the dead, save us who sing to Thee: Alleluia, alleluia, alleluia!

TROPARIA

Troparion of the Resurrection in Tone 5

[Music on website / Green Book page 10]

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Troparion of Saint Chad in Tone 2

[Music in Folder]

As a Bishop thou gavest thyself
to preaching the truth and the purity of the Church.
Thou didst shine forth as an example of humility and holiness;
studying the Scriptures, thou tookest care to follow the Word.
Pray for thy children, O Holy Father Chad,
that we too may follow Christ,//
and be found worthy to partake of the nature of God.

Troparion of the Seven Holy Youths in Tone 4

[Music on website / Sheet]

Thy seven holy martyrs, O Lord,
through their sufferings have received incorruptible crowns from Thee, our God.
For having Thy strength, they laid low their adversaries,
and shattered the powerless boldness of demons.//
Through their intercession, save our souls!

Kontakion of the Resurrection in Tone 5

[Music on website / Green Book page 10]

Thou didst descend into hell, O my Saviour,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of man,//
and we all cry to Thee: O Lord, save us!

Kontakion of Saint Chad in Tone 2

[Music in Folder]

When thou wast praying to Christ, O venerable Chad
the choir of the angels came to call thee to thy reward.
Then thou wast summoned to share
in the Thrice Holy song with the seraphim.
Pray thou that we may live
as icons of the cherubim//
rejoicing before the Trinity, the Giver of life.

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion of the Seven Holy Youths in Tone 4 [\[Music on website / Sheet\]](#)

The Seven Holy Youths renounced the perishing comforts of this world,
preferring the eternal things of Heaven.
They were incorrupt after death and rose from the dead
and buried the snares of the devils!//
O Faithful, let us then honour them, singing a hymn of praise to Christ!

Both now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6 [\[Music on website / Folder\]](#)

Steadfast Protectress of Christians,
Constant advocate before the Creator,
despise not the cry of us sinners,
but in thy goodness
come speedily to help us who call on thee in faith.
Hasten to hear our petition and to intercede for us, O Theotokos,
for thou dost ever protect those who honour thee.

THE TRISAGION

PROKEIMENON

Reader: The Prokeimenon in the Fifth Tone.

Reader: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Choir: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Reader: Save me, O Lord, for there is no longer any that is godly!

Choir: Thou, O Lord, shalt protect us and preserve us from this generation forever.

Reader: Thou, O Lord, shalt protect us

Choir: and preserve us from this generation forever.

EPISTLE

The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Ye Brethren: Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honour. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practise hospitality. Bless those who persecute you; bless and do not curse them. [Romans 12:6-14]

ALLELUIA

Priest: Peace be to thee that readest, and to all the people.

Reader: And to thy spirit. Alleluia, alleluia, alleluia!

Choir: Alleluia, alleluia, alleluia!

Reader: I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Choir: Alleluia, alleluia, alleluia!

Reader: For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens.

Choir: Alleluia, alleluia, alleluia!

GOSPEL

The Reading from the Holy Gospel according to Matthew.

At that time: Jesus, getting into a boat, crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your

hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" – he then said to the paralytic – "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men. [Matthew 9:1-8]

THE ZADOSTOYNIK

"It is truly meet ..." / "Meet it is in truth ..."

[Music in Folder]

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

AFTER COMMUNION

"We have seen the True Light ..." etc., as usual.
